SCC/MLA Outreach Symposium – Sheraton Oklahoma City Downtown  
Wednesday – 10/16/19

Preliminary Agenda

- 9:30-10:00 am
  Welcome, Introductions, & Housekeeping

- 10:00 am-Noon
  
  *mHealth: Mobile Technologies to Improve Community Health*
  
  Presenter: Brian Leaf, Community Engagement Coordinator, National Network of Libraries of Medicine South Central Region

- Noon-1:30
  
  Luncheon Session
  
  *AYA: Your Fitness Journey*
  
  Presenter: Judy Goforth Parker, Commissioner of Health Policy, The Chickasaw Nation

  Dr. Parker will speak about the development of the AYA fitness app.

- 1:30-3:00
  
  Combo session – *Health Benefits of Yoga & How the Brain Learns... and Forgets*
  
  Presenter: Alix G. Darden, Director of Faculty Development, Department of Pediatrics / Director, Academy of Teaching Scholars – College of Medicine, University of Oklahoma Health Sciences Center

  In this interactive session, Dr. Darden will weave together information about the health benefits of yoga and share practical tips for incorporating active learning techniques into programming and educational activities.

- 3:00-3:30 pm
  
  Wrap-up & Evaluations